

Phase 3:

Embodying The New You

The **power of permission** is going to play a huge role as to whether or not we are able to transform into, and embody the person who will be able to attract what we want.

Once you are aware of the new story and life you want to live as the person you want to be, you will need to actively give yourself permission to live this new life each day.

There is a lot of momentum from our old choices and belief systems that will try and pull you back down to your old comfort zone. Consciously giving permission to evolve and transform beyond that comfort zone will ensure the best chance at actually maintaining momentum long enough in your life to see emotional and physical results.

What are the little things that you will do every single day to start to build the relationship with yourself and start wiring in your new belief system?

What are some things that you can do to build trust with yourself and stay in alignment each day?

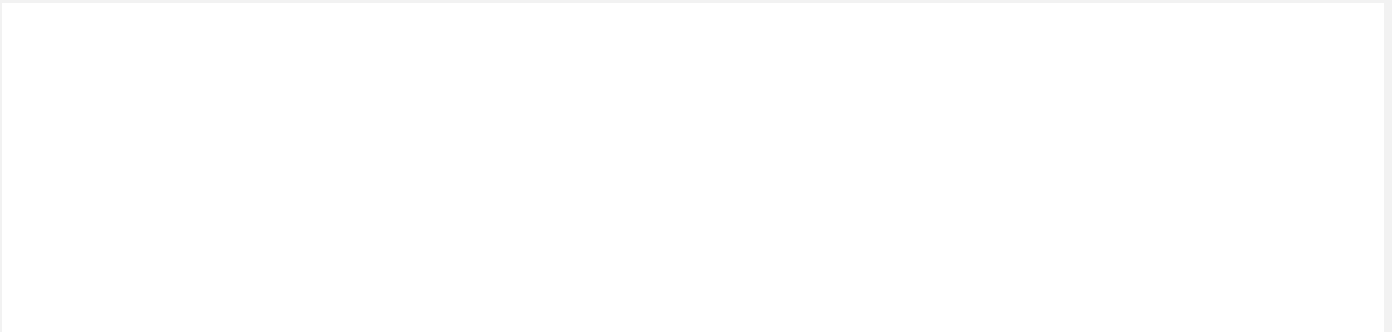
Phase 3:

Embodying The New You

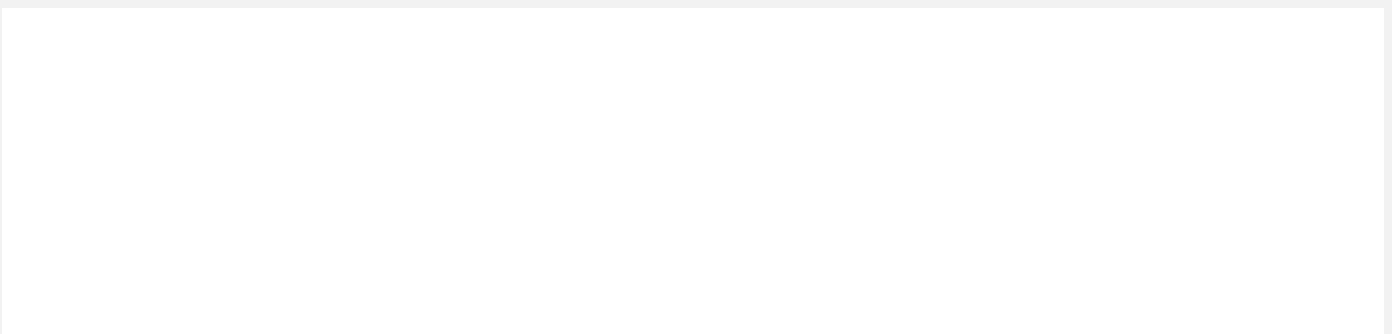
"Being As If" is an understanding that changed my life. Realizing that embodying the new version of ourselves without any evidence in the world to "justify" why, is how we build momentum and evidence in "future" NOW moments.

It is taking action through the awareness of fear and doubt that truly shows the Universe who you believe you are now, and all of the things you ask for will be given to you the more you embody and transform into the person who would have them and appreciate them

How can you start to "Be As If" the things you want have already manifested?



How can you release control of the outcome, and trust that what you want will come to you the more that you embody this new version?



The version of YOU who is in alignment with what you want and does what you want to do, does not worry or fear that it won't come.

They have faith and trust because they ARE a powerful and deliberate creator of their lives, and so are YOU!